



The Pediatric Center

WHEN YOUR CHILD IS DIAGNOSED WITH ALLERGIES....

Some allergies are more serious than others. As a parent, the more you know about your child's allergies, the more confident you will feel about taking care of your child and avoiding potentially serious side effects. Here are our recommendations in order to gain that better understanding:

- Make an appointment now with an allergist for further evaluation, additional testing as needed, and to build a relationship for long term follow-up. □ Some allergists that we recommend are:
 - Fairfield County Allergy, Asthma & Immunology Associates,: Drs Lester, Lichtman, Louit, Matczuk, and Sproviero in Stamford 203-357-1511, Norwalk 203-838-4034 and Greenwich 203-869-2080
 - Allergy & Asthma Center of Stamford: Drs Ora Burstein and Paul Lindner 203-978-0072
 - Allergy & Asthma Care: Drs Backman, Veksler, Bloom in Fairfield 203-259-7070
 - Dr Hugh Samson at Mount Sinai Hospital, NYC: 212-241-5548 □
- ✓ Log on to the Food Allergy Network at www.foodallergy.org/ for up-to-date information, alerts, parental support, recipes and more
- ✓ □ Watch how to administer an EpiPen with your child and all caregivers involved in the care of your child by logging in at <http://www.epipen.com/how-to-use-epipen> □
- ✓ Order a medical alert bracelet at www.medicalert.org/
- ✓ □ Yearly medical update with us to update medical forms, allergy protocol and medications indicated in case of an allergic reaction